## O God, Our Help In Ages Past

1 Samuel 7:2-17

God mercifully restores sinners who come to Him in...

1.	(7:2-6)
2.	(7:7-11)
3	(7:12-17)

## FOR FURTHER THOUGHT:

1.	What elements of repentance are laid out in 1 Samuel 7? What elements do you find most difficult to live out?
2.	If genuine repentance must always move to concrete action, can the same be said about faith? What are examples of how both of these are worked out in your own life?
3.	Reflect on this past week. Have you been genuinely repenting of sin?
4.	Reflect on how God answered Samuel's prayers? (1 Sam 7:8, 13; 12:23) How central is prayer in your whole approach to life with God?
5.	Ebenezer is a "stone of help," it is a helpful reminder of the value of recalling God's past deeds of grace. Take a few moments to make a list of Ebenezers in your own life. Share how remembering those past events helps to shape your hope in God today.